



The bronzers made today are very natural looking and are completely harmless. These solutions include DHA. DHA darkens the skin by interacting with the amino acids in the dead surface cells found in the outer-most layer of the skin causing it to darken naturally.

It is very important to take care of your skin/tan before and after your spray tan, for maximum results. If all steps are not followed it may effect the development of your spray tan. Here are some great tips to help get the best spray tan possible. These tips will explain how to prepare for your tan as well as how to maintain it. Remember, the spray tan solution is not a sun screen. It is important to apply sunscreen over the spray tan when in the sun for long periods of time.

Preparing for the Custom Spray Tan:

- Exfoliate skin at least 8 hours before your sunless session for smooth skin for even tanning results. Spend a little extra time on knees, elbows, feet and hands.
- Shave at least 6 hours before your sunless tanning session. Always shave with soap and water only— no shaving creams containing lanolin (an oil) that acts as a barrier between the tanning solution and the skin.
- Any waxing should be done 1-2 days prior to your sunless session.
- Do not apply oils at any time prior to or after your sunless tan.
- Remove make-up prior to your sunless tanning session. Do not have any cologne or lotion on your skin at the time of your appointment, even if it was applied earlier in the day.
- After your sunless tan, wear dark loose fitting clothing. Do not wear wool, nylon or silk during or after your sunless application and for at least 8 hours after. DHA may react with these fabrics and cause staining.

After Your Custom Spray Tan:

- You will feel sticky and the spray tan will have a slight odor to it— this is normal. Wait at least 24 hours after application before you shower. This will allow time for the self-tanning reaction to occur on the skin. When you dry, please pat dry— do not rub. If you must shower during the 4-24 hours following the application, *WARM WATER RINSE ONLY*.
- You will have color immediately after your spray session. It will continue to develop over the next 24 hours. Don't worry if you see color wash off from your first shower, this is normal. What you see washing off is the immediate cosmetic bronzer and what is left behind is a beautiful sunless tan.
- The bronzer may get on the inside of your clothes or on your sheets. It should not stain, however we can not guarantee this. Dark colored clothing and wearing long sleeves and pants to bed is recommended to avoid this.
- Use a PH Balancing Cleanser. Do not use bar soap or a pouf.

- Do not apply moisturizer until after your first shower, for this could affect the immediate reaction of the sunless solution on the skin and cause streaking.
- Do not exercise until after your first shower
- Moisturize daily, especially after bathing, to maintain your sunless tan. For best results use a water based moisturizer. Don't use oil based moisturizers, they can cause blotchy areas. Use NON-SCENTED/ FRAGRANCE FREE Moisturizers or one designed just for Spray Tans.
- Do not exfoliate skin for at least 48 hours after your sunless tanning application. When you do exfoliate, do so gently and evenly to preserve an even sunless tan.

How to Maintain Your Spray Tan:

- If sun-bathing remember to wear a sunscreen. Unless products do not contain sunscreen. Although you look like you have a tan, you will still need a sunscreen to prevent your skin from burning.

Spray tans can last from 4-10 days if cared for correctly. To maintain your tan, make sure that you moisturize and use CORRECT products. Using the wrong products can cause your tan to fade quicker than normal.

- The following is a list of body care products that could potentially have a fading or blotchy effect on your spray tan. This is only a guide and not every client will have an issue with these items or products:
 - * AHA products
 - * Anti-acne products that exfoliate or dry the skin
 - * Anti-aging products that exfoliate skin
 - * Bar Soaps or Scented Body Washes (Victoria's Secret or Bath & Body Works)
 - * Aveeno Products
 - * BHA products
 - * Retin-A products
 - * Body Hair Bleach Products
 - * Toners containing Alcohols or Witch Hazel can lighten your tan
 - * Facial masks & exfoliating scrubs
 - * Body spray, perfumes, and bug spray when they are sprayed directly on skin. We recommend that you spray your clothing or spray into the air and walk through
 - * Hair inhibiting lotions can cause your tan to yellow
 - * Exercising often or large amount of sweating can cause your tan to fade faster, especially in body fold areas
 - * Makeup remover cleaning products or oils
 - * Submersion in hot tub or swimming pool and sometimes even habitual long hot baths
 - * Using a loofah, mitt, scrub etc. for daily washing
 - * Waxing unwanted hair or depilatory hair removal products.



*If you have any questions, please contact:
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